



BRITISH COLUMBIA

ABBOTSFORD

031 Abbotsford

#103 - 2070 Sumas Way
Abbotsford Village Shopping Centre
Abbotsford, BC V2S 2C7
Ph: (604) 556-0770 Fax: (604) 556-0768
abbotsford@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

BURNABY

076 Burnaby

7382-Market Crossing
Burnaby, BC V5J 0A2
Ph: (604) 433-8711 Fax: (604) 433-8737
burnaby@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30pm - Sun 8:30am

KELOWNA

010 Kelowna

Unit #124, 1876 Cooper Road,
Orchard Plaza
Kelowna, BC V1Y 9N6
Ph: (250) 862-3511 Fax: (250) 862-3505
kelowna@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

LANGLEY

051 Langley

6185-200 Street
Willowbrook Park Shopping Centre
Langley, BC V2Y 1A2
Ph: (604) 534-2112 Fax: (604) 534-2110
langley@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

MAPLE RIDGE

079 Maple Ridge

Unit 505 - 20395 Lougheed Hwy.
Maple Ridge, BC V2X 2P9
Ph: (604) 460.9509 Fax: (604) 460.9510
mapleridge@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

NANAIMO

072 Nanaimo

Country Club Centre
Unit #120D, 3200 Island Highway
Nanaimo, BC V9T 1W1
Ph: (250) 758-4018 Fax: (250) 758-4019
nanaimo@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

PORT COQUITLAM

012 Port Coquitlam

Westwood Centre
#202, 2748 Lougheed Hwy.
Port Coquitlam, BC V3B 6P2
Ph: (604) 945-1810 Fax: (604) 945-0042
coquitlam@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

RICHMOND

035 Ironwood

Ironwood Plaza
Unit #8050, 11688 Steveston Hwy.
Richmond, BC V7A 1N6
Ph: (604) 204-0100 Fax: (604) 204-0155
ironwood@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

SURREY

018 White Rock

#940, 15045 - 32 Ave
Surrey, BC V4P 0A2
Ph: (604) 535-3919 Fax: (604) 535-4116
whiterock@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

VANCOUVER

023 Alma

#235, 2083 Alma Street
4th and Alma Shopping Ctr.
Vancouver, BC V6R 4N6
Ph: (604) 225-0222 Fax: (604) 225-0223
alma@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

005 Broadway

1578 West Broadway
Vancouver, BC V6J 5K9
Ph: (604) 879-9721 Fax: (604) 879-9731
broadway@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

004 Denman

Suite #103, 679 Denman St.
Vancouver, BC V6G 2L3
Ph: (604) 684-9771 Fax: (604) 684-4236
denman@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

011 North Vancouver

Suite 754, 2601 Westview Dr.
North Vancouver, BC V7N 3X4
Ph: (604) 983-9761 Fax: (604) 983-3934
northvan@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

VICTORIA

070 Broadmead

Unit #305, 777 Royal Oak Dr.
Victoria, BC V8X 4V1
Ph: (250) 881-1051
Fax: (250) 881-1052
broadmead@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

077 Langford

Unit #113, 2401G Millstream Road
Millstream Village Shopping Centre
Victoria, BC V9B 3R5
Ph: (250) 391-0141
Fax: (250) 391-0138
langford@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

080 Victoria

1008 Douglas Street
Victoria, BC V8W 2C3
Ph: (250) 383-4224
Fax: (250) 383-4299
victoria@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

ALBERTA

CALGARY

059 Country Hills

Unit #505, 500 Country Hills Blvd. NE
Calgary, AB T3K 4Y7
Ph: (403) 226-8709
Fax: (403) 226-3258
countryhills@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

028 Crowfoot

Unit #435, Crowfoot Village
20 Crowfoot Crescent, NW
Calgary, AB T3G 2P6
Ph: (403) 239-2991
Fax: (403) 241-2951
crowfoot@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30pm - Sun 8:30am

065 Eau Claire Market

Unit #A01, 200 Barclay Parade SW
Calgary, AB T2P 4R5
Ph: (403) 264-4095
Fax: (403) 264-4094
eauclaire@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Tues & Thurs 12 noon
Weds 6:00 pm - Sun 8:30 am

013 Glenmore

#118, 1600-90 Ave., SW
Calgary, AB T2V 5A8
Ph: (403) 252-3388
Fax: (403) 252-3669
glenmore@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

003 Kensington

321A-10th Street NW
Calgary, AB T2N 1V7
Ph: (403) 270-7317
Fax: (403) 270-0114
kensington@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

040 Shawnessy

59 Shawville Blvd, SE
Calgary, AB T2Y 3P3
Ph: (403) 254-9696
Fax: (403) 201-9958
shawnessy@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

078 Westhills

Suite 258, Westhills Towne Centre
Stewart Green SW Calgary, AB T3H 3C8
Ph: (403) 217-0795
Fax: (403) 217-0859
westhills@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Tues & Thurs 12pm
Weds 6:30 pm - Sun 8:30 am

EDMONTON

Edmonton Administration Office & Warehouse

9750-47 Avenue
Edmonton, AB T6E 5P3
Ph: (780) 439-3099
Fax: (780) 433-6433

015 Callingwood

Callingwood Marketplace
#236, 6655-178 Street
Edmonton, AB T5T 4J5
Ph: (780) 483-1516
Fax: (780) 483-2116
callingwood@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

014 Kinsmen

Kinsmen Sports Centre
9100 Walterdale Hill
Edmonton, AB T6E 2V3
Ph: (780) 433-5901
Fax: (780) 433-5963
kinsmen@runningroom.com
Mon - Fri: 8:00am - 9:00pm
Sat: 8:00 am - 6:00 pm
Sun: 8:00 am - 4:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

064 Namao Centre

9610-165th Ave.
Edmonton, AB T5Z 3L3
Ph: (780) 473-0850
Fax: (780) 473-5607
namao@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

002 109 Street

8537-109 Street
Edmonton, AB T6G 1E4
Ph: (780) 433-6062
Fax: (780) 439-8465
edmonton@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

084 Riverbend

548 Riverbend Square
Terwillegar Drive and Rabbit Hill Rd.
Edmonton, AB T6R 2E3
Ph: (780) 439-5048
Fax: (780) 439-6054
riverbend@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

071 South Edmonton Common

10012-21 Ave, NW
Edmonton, AB T6N 0A1
Ph: (780) 450-0129
Fax: (780) 450-3527
southedmontoncommon@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00pm - Sun 8:30am

LETHBRIDGE

086 Lethbridge

1407 Mayor Magrath Drive
Lethbridge, AB T1K 2R1
Ph: (403) 394-2883
Fax: (403) 394-2579
lethbridge@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Wed: 6:00 pm - Sun: 8:30 am

SHERWOOD PARK

038 Millenium Place

#104, 2000 Premier Way
Sherwood Park, AB T8H 2G4
Ph: (780) 449-2440
Fax: (780) 417-9019
sherwoodpark@runningroom.com
Mon - Sun: 8:00 am - 9:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

ST. ALBERT

024 St. Albert

#17 St. Anne Street
St. Albert, AB T8N 1E8
Ph: (780) 460-1102
Fax: (780) 460-2266
stalbert@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

SASKATCHEWAN

REGINA

030 Regina

2118 Albert Street
Regina, SK S4P 2T9
Ph: (306) 790-8480
Fax: (306) 790-8482
regina@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

SASKATOON

063 Saskatoon

Canarama Shopping Centre
14A-7 Assiniboine Dr.
Saskatoon, SK S7K 1H1
Ph: (306) 343-8030
Fax: (306) 343-8033
saskatoon@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

085 8th Street

601 8th Street East
Saskatoon, SK S7H 0R1
Ph: (306) 477-4850
Fax: (306) 477-4852
8th@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

MANITOBA

WINNIPEG

082 Winnipeg

Kenaston Village Mall,
1875 Grant Avenue
Winnipeg, MB R3N 1Z2
Ph: (204) 487-7582
Fax: (204) 487-7584
winnipeg@runningroom.com
Mon-Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

029 Pembina

2095 Pembina Highway
Pembina Village Shopping Centre
Winnipeg, MB R3T 5L1
Ph: (204) 489-8888
Fax: (204) 489-6222
pembina@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

049 Regent

Kildonan Crossing Shopping Centre,
Unit #400B
1615 Regent Avenue West
Winnipeg, MB R2C 5C6
Ph: (204) 777-1122
Fax: (204) 777-1155
regent@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

ONTARIO

AURORA

087 Aurora

Unit 1, 25 First Commerce Drive
Aurora, ON L4G 0G2
Ph: (905) 726-1600
Fax: (905) 726-1618
Mon-Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
E-mail: aurora@runningroom.com
Practice Sessions: Wed: 7:00 pm - Sun: 8:30 am

BARRIE

027 Barrie

56 Dunlop Street East
Barrie, ON L4M 1A3
Ph: (705) 726-2550
Fax: (705) 726-4470
barrie@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

BRAMPTON

039 Brampton

Ten / Steeles Plaza
Unit #6, 1 Steeles Ave. East
Brampton, ON L6W 4J4
Ph: (905) 452-8220
Fax: (905) 452-8066
brampton@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

BURLINGTON

046 Burlington

Unit 6C, Cumberland Square
3300 Fairview Street
Burlington, ON L7N 3N7
Ph: (905) 632-2932
Fax: (905) 637-3436
burlington@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 7:00 pm - Sun 8:30 am

GUELPH

042 Guelph

Unit 10, Hartsland
Market Square East
160 Kortright Road
Guelph, ON N1G 4W2
Ph: (519) 763-6608
Fax: (519) 763-6612
guelph@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

HAMILTON

022 Hamilton

1457 Main Street West
Hamilton, ON L8S 1C9
Ph: (905) 528-7444
Fax: (905) 528-9664
hamilton@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

KANATA

057 Kanata

Unit 7, 484 Hazeldean Rd.
Kanata, ON K2L 1V4
Ph: (613) 831-4409
Fax: (613) 831-6657
kanata@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am

KINGSTON

041 Kingston

277 Princess Street
Kingston, ON K7L 1B4
Ph: (613) 547-3666
Fax: (613) 547-3444
kingston@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:30 am - 5:00 pm
Practice Sessions: Weds 6:00 pm - Sun 8:30 am

KITCHENER

074 Kitchener

Unit 15, 500 Fairway Road South
Kitchener, ON N2C 1X3
Ph: (519) 893-4346
Fax: (519) 893-4347
kitchener@runningroom.com
Mon - Fri: 9:30 am - 9:00 pm
Sat: 9:30 am - 6:00 pm
Sun: 8:00 am - 5:00 pm
Practice Sessions: Weds 6:30 pm - Sun 8:30 am



ROCHESTER

206 Rochester

711 South Broadway
 Rochester, MN 55904
 Ph: (507) 287-3341
 Fax: (507) 287-3348
 rochester@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

ST. PAUL

205 Grand Avenue

1068 Grand Avenue
 St. Paul, MN 55105
 Ph: (651) 225-8443
 Fax: (651) 225-8468
 grandavenue@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

WOODBURY

204 Woodbury

The Shoppes of Woodbury Village
 109 – 7455 Currell Blvd.
 Woodbury, MN 55125
 Ph: (651) 714-8710
 Fax: (651) 714-8712
 woodbury@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

ONTARIO CONT.

PICKERING

047 Pickering

Unit 18, Pickering Square
 1450 Kingston Rd.
 Pickering, ON L1V 1C1
 Ph: (905) 420-4868
 Fax: (905) 420-6466
 pickering@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30am – 5:00 pm
 Practice Sessions: Weds 7:00 pm - Sun 8:30 am

RICHMOND HILL

025 Richmond Hill

Unit 1, 8900 Yonge Street
 Richmond Hill, ON L4C 0L7
 Ph: (905) 764-7255
 Fax: (905) 764-5626
 richmondhill@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 7:00 pm - Sun 8:30 am

SARNIA

073 Sarnia

Lambton Mall
 1380 London Road, Unit 129
 Sarnia, ON N7S 1P8
 Ph: (519) 541-9860
 Fax: (519) 541-9859
 sarnia@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 9:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

SUDBURY

056 Sudbury

Cedar Pointe Plaza
 117– 1984 Regent Street
 Sudbury, ON P3E 5S1
 Ph: (705) 523-4664
 Fax: (705) 523-5445
 sudbury@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

THUNDER BAY

069 Thunder Bay

Thunder Centre
 Unit C1, 379 Main Street
 Thunder Bay, ON P7B 5L6
 Ph: (807) 344-7575
 Fax: (807) 344-7581
 thunderbay@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

TORONTO

008 Beaches

1977 Queen Street East
 Toronto, ON M4L 1J1
 Ph: (416) 693-1530
 Fax: (416) 693-9110
 beaches@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:30 pm - Sun 8:30 am

020 Commerce Court

#30 Wellington Street West
 Toronto, ON M5L 1E8
 Ph: (416) 867-7575
 Fax: (416) 867-7587
 commcourt@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

007 Highpark

Unit #3, 2100 Bloor Street West
 Toronto, ON M6S 1M7
 Ph: (416) 762-4478
 Fax: (416) 762-2848
 highpark@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:30 pm - Sun 8:30 am

062 Kingsway

3065 Bloor Street West
 Toronto, ON M8X 1C6
 Ph: (416) 207-0033
 Fax: (416) 207-0594
 kingsway@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:30 pm - Sun 8:30 am

066 North York

4984 Yonge Street
 Toronto, ON M2N 2H1
 Ph: (416) 229-1415
 Fax: (416) 229-1417
 northyork@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:30 pm - Sun 8:30 am

107 Outlet Store

130 North Queen
 Toronto, ON M8Z 2E4
 Ph: (416) 237-0303
 Fax: (416) 237-9747
 outlet@runningroom.com
 Mon - Wed: 10:00 am - 6:00 pm
 Thurs - Fri: 10:00 am - 8:00 pm
 Sat - Sun: 10:00 am - 5:00 pm

190 T.O. Warehouse

Address: Same as 107 Outlet Store
 Ph: (416) 237-0979
 Fax: (416) 237-0446
 outlet@runningroom.com
 Hours of operation: Same as 107 Outlet Store

045 Rosedale

1087 Yonge Street
 Toronto, ON M4W 2L5
 Ph: (416) 960-3910
 Fax: (416) 960-8926
 rosedale@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

006 Yonge

2629 Yonge Street
 Toronto, ON M4P 2J6
 Ph: (416) 322-7100
 Fax: (416) 322-7102
 yonge@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 6:00 pm
 Practice Sessions: Weds 6:30 pm - Sun 8:30 am

061 York Mills

York Mills Gardens
 Unit 11, 808 York Mills Road
 Toronto, ON M3B 1X8
 Ph: (416) 443-0042
 Fax: (416) 443-0442
 yorkmills@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

VAUGHAN

067 Vaughan

Highland Centre
 3300 Rutherford Road
 Vaughan, ON L4K 5Z2
 Ph: (905) 417-6860
 Fax: (905) 417-9132
 vaughan@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:30 pm - Sun 8:30 am

WATERLOO

052 Waterloo

Unit #3, 15 King Street South
 Waterloo, ON N2J 1N9
 Ph: (519) 747-4800
 Fax: (519) 747-7149
 waterloo@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:30 pm - Sun 8:30 am

WHITBY

034 Whitby

Thickson Place
 80 Thickson Road South
 Whitby, ON L1N 7T2
 Ph: (905) 665-2060
 Fax: (905) 665-2055
 whitby@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 7:00 pm - Sun 8:30 am

QUEBEC

LAVAL

089 Laval

Quartier Laval - 800 Le Corbusier Boulevard
 Laval, QC H7N 0A8
 Ph: (450) 680-1115
 Fax: (450) 680-1139
 laval@runningroom.com
 Mon – Fri: 9:30 am–9:00 pm
 Sat: 9:30 am–6:00 pm
 Sun: 8:30 am–5:00 pm
 Practice Sessions: Weds 6:30 pm - Sun 8:30 am

OUTREMONT

055 Outremont

1159 Avenue Bernard
 Outremont, QC H2V 1V5
 Ph: (514) 274-5888
 Fax: (514) 274-0005
 outremont@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30am

POINTE-CLAIRE

054 Pointe-Claire

950 Boul St. Jean
 Pointe Claire, QC H9R 5N8
 Ph: (514) 695-8744
 Fax: (514) 695-8775
 pointeclaire@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

QUEBEC CITY

060 Quebec City

1049 Avenue Cartier
 Quebec City, QC G1R 2S3
 Ph: (418) 522-2345
 Fax: (418) 522-0660
 quebeccity@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

083 Quartier Dix 30

Quartier Dix 30 - 7240 boul. Lepage Suite 10
 Brossard, QC J4Y 0B5
 Ph: (450) 678-7070
 Fax: (450) 678-5225
 quartierdix30@coindescoueurs.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

WESTMOUNT

053 Westmount

4873 Sherbrooke Ouest
 Westmount, QC H3Z 1G9
 Ph: (514) 483-4495
 Fax: (514) 483-4594
 westmount@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

New Brunswick

FREDERICTON

068 Fredericton

Kings Place, Unit 26
 440 King Street
 Fredericton, NB E3B 5H8
 Phone: (506) 459-4440
 Fax: (506) 459-6677
 fredericton@runningroom.com
 Mon – Fri: 9:00 am – 9:00 pm
 Sat: 9:00 am – 5:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

MONCTON

048 Moncton

Landing at the Bend
 300 Main Street
 Moncton, NB E1C 1B9
 Ph: (506) 386-6002
 Fax: (506) 386-6010
 moncton@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

SAINT JOHN

058 Market Square

Unit 137, 1 Market Square
 Saint John, NB E2L 4Z6
 Ph: (506) 652-6946
 Fax: (506) 652-8554
 marketsquare@runningroom.com
 Mon – Wed: 9:30 am – 9:00 pm
 Thur – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: Noon – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

NEWFOUNDLAND

ST. JOHNS

037 St.John's

#9 Rowan Street
 St.John's, NL A1B 2X2
 Ph: (709) 738-3433
 Fax: (709) 738-3446
 stjohns@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

NOVA SCOTIA

BEDFORD

075 Bedford

Unit #22, Sunnyside Mall
 1595 Bedford Hwy
 Bedford, NS B4A 3Y4
 Ph: (902) 832-5240
 Fax: (902) 832-5241
 bedford@runningroom.com
 Mon – Fri: 9:30 am – 9:00pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am - 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

HALIFAX

021 Halifax

5514– Spring Garden Road
 Halifax, NS B3J 1G6
 Ph: (902) 420 - 0774
 Fax: (902) 420 - 0775
 halifax@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am - 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

U.S.A.

IOWA

WEST DES MOINES

208 West Des Moines

6305 Mills Civic Parkway
 Suite 3117
 West Des Moines, Iowa 50266
 Phone: (515) 327-5063
 Fax: (515) 224-2081
 westdesmoines@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

MINNESOTA

BURNSVILLE

203 Burnsville

Summit Oaks Square
 14635 County Road 11
 Burnsville, Minnesota 55337
 Ph: (952) 431-6664
 Fax: (952) 431-1738
 burnsville@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

MAPLE GROVE

207 Maple Grove

The Fountains at Arbor Lakes
 11639 - Fountains Drive
 Maple Grove, MN 55369
 Ph: (763) 425-0610
 Fax: (763) 425-0187
 maplegrove@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am

MINNEAPOLIS

202 Uptown

1st Floor, 2801 Hennepin Avenue South
 Minneapolis, Minnesota 55408
 Ph: (612) 872-2921
 Fax: (612) 872-0394
 uptown@runningroom.com
 Mon – Fri: 9:30 am – 9:00 pm
 Sat: 9:30 am – 6:00 pm
 Sun: 8:30 am – 5:00 pm
 Practice Sessions: Weds 6:00 pm - Sun 8:30 am